

FAMILY LIFE EDUCATION GRADE FIVE

The Family Life program is an abstinence based program designed to expand each year as students mature. This unit will be taught by Family Life Specialists who have been trained to provide information and answer questions about these topics. There will be presentations of factual and age appropriate information to students in gender separated classes.

OBJECTIVE

- 5.1 The student will understand the difference between good and bad touches and how to handle inappropriate approaches and situations.

CONTENT

- I. Types of abuse
- II. Appropriate and inappropriate touches
- III. Where to go for help
- IV. How to be assertive and how to avoid risky situations

TEACHING STRATEGIES

1. The use of a PowerPoint Presentation entitled, *Types of Abuse*, and current materials will be used as resources for the above topics.
2. The use of recommended visual aid: Video – If It Happens To You, Talking About Abuse.

OBJECTIVE

- 5.2 The student will define puberty and adolescence as an important time of change and learn the importance of personal hygiene.

CONTENT

- I. Adolescence/puberty definitions
- II. Physical, emotional, social, and mental changes that occur during adolescence
- III. The pituitary gland's function in the endocrine system
- IV. Explanation of how hormones cause change in the adolescence body
- V. Importance of personal hygiene during puberty

TEACHING STRATEGIES

1. The use of a PowerPoint Presentation entitled, *Adolescence and Puberty*, and current materials will be used as resources for the above topics.
2. The teacher will show products to discuss hygiene.
3. The use of recommended visual aid: Video – Brushing Up On Hygiene.

OBJECTIVE

- 5.3 The student will identify the human reproductive organs in relation to the total anatomy.

CONTENT

- I. Identify body systems
- II. Identify and label parts of the reproductive system
- III. Discuss functions of the reproductive system
 - a. Ovulation and menstruation will be discussed with only the females
 - b. Fertilization will not be discussed as part of the fifth-grade curriculum

TEACHING STRATEGIES

1. The use of a PowerPoint Presentation entitled, *Reproductive System*, and current materials will be used as resources for the above topics.