

Grade Seven

This is an abstinence based unit that will be taught by a Health and Physical Education Teacher who has been trained to provide information and answer questions about these topics. It will be their job to build upon the knowledge that the student has already learned from the previous grade. There will be presentations of factual and age appropriate information to students in gender separated classes.

OBJECTIVE

- 7.1 The student will review the changes that occur during adolescence and learn how to adjust to these changes.

CONTENT

- I. Adolescence/puberty definitions
- II. Strategies to adjust to the changes that occur during puberty
- III. Physical, social, emotional, and intellectual growth during adolescence

TEACHING STRATEGIES

1. The use of the health text, *Glencoe Teen Health 2*, Chapter 12 (p. 364-369), and current materials will be used as resource material to discuss the above topics.
2. The use of a PowerPoint entitled, *Adolescence and Puberty*, and current materials will be used as resources for the above topics.
3. The use of recommended visual aid: Video – *You, Your Body, and Puberty*.

OBJECTIVE

- 7.2 The student will review male and female reproductive systems and discuss the process of reproduction through life stages.

CONTENT

- I. Review anatomy of the reproductive system
- II. Problems of the reproductive system
- III. Fertilization and development

TEACHING STRATEGIES

1. The use of the health text, *Glencoe Teen Health 2*, Chapter 12 (p. 374-386), and current materials will be used as resources for the above topics.
2. The use of a PowerPoint Presentation entitled, *Reproductive Systems and Fertilization*, and current materials will be used as resources for the above topics.

OBJECTIVE

- 7.3 The student will identify basic facts about communicable diseases and sexually transmitted infections, and will recognize one's responsibility for prevention of diseases.

CONTENT

- I. Communicable diseases
- II. The immune system
- III. Sexually transmitted infections and HIV/AIDS

IV. Cause, symptoms, transmission, and prevention

V. Abstinence

TEACHING STRATEGIES

1. The use of the health text, *Glencoe Teen Health 2*, Chapter 13 (p. 402-404 and 422-431), and current materials will be used as resources for the above topics.
2. The use of a PowerPoint Presentation entitled, *Communicable Diseases, STI's and HIV/AIDS*, and current materials will be used as resources for the above topics.
3. The use of recommended visual aid: Video – Understanding HIV and AIDS.

OBJECTIVE

7.4 The student will recognize the importance of abstinence.

CONTENT

- I. Importance of practicing abstinence
- II. Consequences
- III. Refusal skills
- IV. Benefits of postponing pregnancy until marriage

TEACHING STRATEGIES

1. The use of the health text, *Glencoe Teen Health 2*, Chapter 6 (p. 189-193).

2. The use of a PowerPoint Presentation entitled, *Abstinence*, and current materials will be used as resources for the above topics.
3. The use of recommended visual aid: Video – Surviving Peer Pressure: You Can Do It.

OBJECTIVE

- 7.5 The student will explore the topics of abuse, assault, molestation, and sexual harassment.

CONTENT

- I. Sexual harassment
- II. Prevention
- III. Reporting harassment to the authorities

TEACHING STRATEGIES

1. The use of the health text, *Glencoe Teen Health 2*, Chapter 3 (p. 213-221), will be used as resource material to discuss the above topics.
2. The use of a PowerPoint Presentation entitled, *Sexual Harassment* and current materials will be used as resources for the above topics.