

FAMILY LIFE EDUCATION

Grade Nine

This is an abstinence based unit that will be taught by a Health and Physical Education Teacher who has been trained to provide information and answer questions about these topics. It will be their job to build upon the knowledge that the student has received in the previous grade and at home. There will be presentations of factual and age-appropriate information to students.

OBJECTIVE

- 9.1 The student will review the names and functions of the male and female reproductive systems and identify specific health disorders of the male and female reproductive systems.

CONTENT

- I. Review functions of the reproductive systems
- II. Care of the reproductive systems
- III. Disorders of the reproductive systems
- IV. Self-examinations as a prevention of health disorders attributed to the reproductive systems

TEACHING STRATEGIES

1. The use of the health text, *Glencoe Health*, Chapter 16 (p. 446-457), will be used as resource material to discuss the above topics.
2. The use of a PowerPoint Presentation entitled, *Reproductive Systems and Disorders*, and current materials will be used as resources for the above topics.

OBJECTIVE

9.2 The student will be able to discuss conception through infancy and childhood, prenatal care, and be able to identify prenatal risks.

CONTENT

- I. Review of fertilization and conception
- II. Prenatal development and care
- III. Stages of birth and complications associated with delivery
- IV. Heredity and genetic disorders

TEACHING STRATEGIES

1. The use of the health text, *Glencoe Health*, Chapter 17 (p. 470-483), will be used as resource material to discuss the above topics.
2. The use of a PowerPoint Presentation entitled, *Pregnancy and Childbirth*, and current materials will be used as resources for the above topics.

OBJECTIVE

9.3 The student will review the most common sexually transmitted infections and examine their scope and impact.

CONTENT

- I. Viral, bacterial and parasitic sexually transmitted infection (STI)
- II. Treatment of STIs
- III. Signs and symptoms of STIs
- IV. High risk behaviors and the importance of abstinence

TEACHING STRATEGIES

1. The use of the health text, *Glencoe Health*, Chapter 24 (p. 658-679), will be used as resource material to discuss the above topics.
2. The use of a PowerPoint Presentation entitled, *Sexually Transmitted Infections: A Silent Epidemic*, and current materials will be used as resources for the above topics.
3. The use of recommended visual aid: Video - Preventing Sexually Transmitted Infections, Sex Is Not A Game, and AIDS: One Teenager's Story.

OBJECTIVE

- 9.4 The student will understand that abstinence is the only 100% effective method of birth control and will examine other methods of contraception focusing on effectiveness and risks.

CONTENT

- I. Evaluation of effectiveness rates of abstinence verses contraceptives
- II. Evaluation of known health risks of various contraceptives

TEACHING STRATEGIES

1. The use of the health text, *Glencoe Health*, Chapter 8 (p. 205-207), will be used as resource material to discuss the above topics.
2. The use of a PowerPoint entitled, *Contraception*, and current materials will be used as resources for the above topics.
3. The use of recommended visual aid: Video – I Should Have Waited.

OBJECTIVE

9.5 The student will identify the traits of an abusive relationship and develop techniques to avoid potentially dangerous situations involving date rape, club and designer drugs.

CONTENT

- I. Types of abuse and assault
- II. How to avoid abuse and assault
- III. Help for victims of abuse and assault
- IV. Avoidance of dangerous situations
- V. The effects of common types of drugs used for date rape

TEACHING STRATEGIES

1. The use of the health text, *Glencoe Health*, Chapter 9 (p. 236-242) and Chapter 22 (p. 603-610) will be used as resource material to discuss the above topics.
2. The use of a PowerPoint Presentation entitled, *Acquaintance and Date Rape*, and current materials will be used as resources for the above topics.
3. The use of recommended visual aid: Videos: Club Drugs: The Real Deal and Open Arms? Open Eyes! Power, Control and Abuse in Teen Relationships.

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