# FAMILY LIFE EDUCATION HIGH SCHOOL SPECIAL NEEDS

This is an abstinence based unit that will be taught by the Family Life Specialist/Health and Physical Education teacher who has been trained to provide information and answer questions about these topics. It will be their job to build upon the knowledge that the student has already learned from the previous grade and at home. There will be presentations of factual and age appropriate information to students in gender separated classes.

## **OBJECTIVE**

The student will be able to describe the types of abuse and develop techniques to avoid potentially dangerous situations.

#### CONTENT

- I. Identify types of abuse
- II. Appropriate and inappropriate touches
- III. Violence in relationships
- IV. Avoiding dangerous situations
- V. Strategies for reporting abuse
- VI. How to be assertive

### TEACHING STRATEGIES

- 1. The use of a PowerPoint Presentation entitled, *High School Adaptive Abuse*, and current materials will be used as resources for the above topics.
- 2. The use of recommended visual aid: Videos <u>Sexual Harassment, It's</u> <u>Hurting People</u>, or <u>If It Happens To You, Talking About Abuse</u>.

## **OBJECTIVE**

The student will review the names and functions of the male and female reproductive systems and be able to identify specific disorders of the male and female reproductive systems.

#### CONTENT

- I. Identify body systems
- II. Identify parts of the reproductive system
- III. Discuss functions of the reproductive system
- IV. Identify specific disorders of the reproductive system
- V. Self-examinations as a prevention for health disorders

#### **TEACHING STRATEGIES**

- 1. The use of the health textbook, *Glencoe Health*, Chapter 16 (p. 446-457), will be used as resource material to discuss the above topics.
- 2. The use of a PowerPoint Presentation entitled, *High School Adaptive Reproductive Systems and Disorders Lesson,* and current materials will be used as resources for the above topics.

## **OBJECTIVE**

The student will develop a basic knowledge of communicable diseases and understand the significance of sexually transmitted infections.

#### CONTENT

- I. Definition of communicable infections
- II. Common communicable diseases
- III. Awareness of sexually transmitted infections

#### TEACHING STRATEGIES

- 1. The use of the health textbook, *Glencoe Health*, Chapter 24 (p. 658-679), will be used as resource material to discuss the above topics.
- 2. The use of a PowerPoint Presentation entitled *High School Adaptive Sexually Transmitted Infections: A Silent Epidemic* and current materials will be used as resources for the above topics.
- 3. The use of recommended visual aid: Video <u>Preventing Sexually</u> <u>Transmitted Infection</u>.

Revised June 2018