WAYNESBORO CITY SCHOOLS – FAMILY LIFE EDUCATION

Topics covered by the Family Life Education Teacher(s) (Office on Youth)

GRADE 4

| DAY | TOPICS & S.O.L. | ACTIVITIES | RESOURCES |
|-----|-------------------------------|---|--|
| 1 | Self Esteem and Values 4.5 | Introductions Ground Rules The Shield | Ground Rules Handout The Shield Handout |
| 2 | Puberty 4.2 | Puberty Worksheet | Puberty Worksheet |
| 3 | The Reproductive System 4.1 | Reproductive System (Same-sex) | Reproductive System Worksheets Reproductive System Visual Aids Optional (Pads/Tampons to show girls) |
| 4 | Abuse and Neglect 4.7 | Video: Breaking the Silence Worksheet | Video: Breaking the Silence Kids Should Know Worksheet Guidance Counselor Forms |

^{*}identified sensitive objectives Revised 2011-2012