

Opt-Out Option:

In accordance with the Virginia Board of Education Guidelines for Family Life Education (FLE), an “opt-out” procedure shall be provided to ensure communication with the parent or guardian for permission for students to be excused from all or part of the program. This option is available to parents and guardians at any time during the school year before the child’s FLE program starts.

The alternatives for a student opting out of FLE are as follows:

The student may complete a non-family life oriented unit of health study selected by the Health Teacher. This project will use an independent study format.

The work completed will be assessed in a manner that is consistent with the normal practice in the school.

Parents or guardians wishing to remove their child from any or all portions of the FLE program should complete the “Opt-Out Form” on the opposite side of this page. Parents should contact their child’s school principal with any questions.

Community Involvement:

The Fluvanna County Public Schools Wellness Committee annually reviews the school division Family Life Curriculum and instructional resources. This committee is comprised of parents, community members, and representatives from health care.

Family Life Standards of Learning Eighth Grade:

- 8.1- The student will relate stages of human development to his or her own developmental level.
- 8.2- The student will recognize the development of sexuality as an aspect of the total personality.
- 8.3- The student will become aware of the need to think through decisions and to take responsibility for them.
- 8.4- The student will identify the issues associated with friendships.
- 8.5- The student will recognize the nature of dating during adolescence.
- 8.6- The student will interpret the messages in society related to sexuality.
- 8.7- The student will describe strategies for saying “no” to premarital sexual relations.
- 8.8- The student will develop the coping skills needed to deal with stress.
- 8.9- The student will identify the stresses related to changing relationships in the home, school, and community.
- 8.10- The student will analyze the issues related to teenage pregnancy.
- 8.11- The student will review facts about pregnancy prevention and disease control.
- 8.12- The student will describe the effects of alcohol and drug use and abuse on families and peer relationships.
- 8.13- The student will identify the effects and prevention of sexual assault, rape (including date rape), incestuous behavior, and molestation.
- 8.14- The student will recall the ways in which the HIV virus is transmitted and prevented.



**FLUVANNA COUNTY
PUBLIC SCHOOLS**

**Family Life
Education:**

EIGHTH GRADE

Fluvanna County High School
Margo Bruce, Principal
1918 Thomas Jefferson Parkway
Palmyra, VA 22963
Phone: 434-589-3666

QUESTIONS?

If after reviewing this brochure, you have any questions or need additional information about the FLE program, please contact your child’s school principal.

Family Life Education: EIGHTH GRADE

Parental Review of FLE Curriculum

In accordance with the Code of Virginia for Family Life Education (Code 22.1-207.2), parents and guardians have the right to review the family life education program offered by their school division, including written and audio-visual educational materials used in the program. Parents and guardians also have the right to excuse their child from all or part of family life education instruction.

A complete copy of all printed materials and a description of all audio-visual materials shall be kept in the school library or office and made available for review during school office hours before and during the school year. The audio-visual materials shall be made available for review, upon request, on the same basis as the printed materials are made available. Parents and guardians are encouraged to make arrangements through their child's school to review Family Life Education (FLE) materials.

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Code of Virginia Family Life Education: In 1987, §22.1-207.1 of the Code of Virginia was amended to direct the Board of Education to develop standards of learning and curriculum guidelines for a comprehensive, sequential family life education (FLE) curriculum in grades K through 12. From February 1987 to December 1987, individuals from public schools (including administrators and teachers), state agencies, parent groups, and not-for-profit organizations that provided family life services contributed time, resources, and expertise to help develop a report to submit to the Virginia General Assembly. The report Family Life Education: Board of Education's Response to House Bill No. 1413 included sections on the Board of Education guidelines for setting up a required FLE program, Standards of Learning objectives, and descriptive statements for grades kindergarten through 12, guidelines for training individuals that teach FLE, and for involving parents and community-based organizations in the local FLE program.

Each year when the General Assembly meets, they review the current law and pass legislation to add topics to the standards.

The program is abstinence based, meaning that as an educational or motivational component, it has as its exclusive purpose, to teach the social, psychological, and health gains to be realized by teenagers abstaining from sexual activity before marriage.

For a complete list of standards by grade-level go to: http://www.pen.k12.va.us/testing/sol/standards_docs/family_life/familylife_guidelines_standards.pdf

FLE Goals for Students in Special Education Classes

FLE goals for students in special education classes are the same as for students in general education; however, instruction involves a cooperative effort between special education and FLE teachers. Using the Individualized Education Program (IEP) process, the FLE curriculum can and should be modified and adapted to meet the individual needs of the student. FLE goals and objectives for students enrolled in special education classes are written in students' IEPs. Parents are encouraged to contact their child's teacher with any questions.

Family Life Education OPT-OUT FORM

If you wish to remove your child from all or part of the Fluvanna County Public Schools Family Life Education (FLE) program, please complete the form below, detach it from the brochure, and return it to your child's teacher within one (1) week of receipt.

*Please note that multiple SOLs may be covered during the same class period. Students who opt out for a specific SOL will be out during the entire class period.

_____ **Please excuse my child from the entire FLE program.**

_____ **Please excuse my child from the classroom during the time in which the following objectives are taught:** (Please specify the "FLE Learning Objectives" from which you would like your child to be excused. Objectives specific to your child's grade level are listed in the inside center column of this brochure.)

Student's Name Grade

Parent/Guardian Signature Date

Your child's teacher will be in touch with you in the near future to work out the details of your child's Opt-Out Plan.

If Applicable, DETACH AND RETURN

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