



## Culpeper County Public Schools

450 Radio Lane

Culpeper, Virginia 22701

(540) 825-3677

Dear Parent/Guardian:

In response to the requirements of *Section 22.1-207* of the Code of Virginia, Culpeper County Public Schools has implemented a comprehensive, sequential, abstinence-based, age-appropriate Family Life Education (FLE) curriculum for grades K – 10. All Family Life materials will follow the Virginia Standards of Learning Objectives established by the Virginia Department of Education. The regulations require local school districts to include the following ten topics in their Family Life Education programs:

- Family living and community relationships
- The value of postponing sexual activity until marriage
- Human sexuality
- Human reproduction and contraception
- The etiology, prevention and effects of sexually transmitted diseases
- Stress management and resistance to peer pressure of positive self-concepts and respect for others, including people of other races, ethnicity, religions, and origins
- Parenting skills
- Alcohol, tobacco, and other drug use prevention
- Abuse prevention
- Suicide prevention

For additional information about these topics, please visit our resource website at:

In order to provide parents with alternatives, the Virginia state regulations require that an *opt-out* provision be included for parents to remove their child from any lesson or all lessons at a particular grade level and that alternative, non-FLE lessons be available to students removed from FLE lessons. In addition, Culpeper County Public Schools has an established advisory committee with broad community representation to review and make recommendations regarding the Family Life Education content.

If more information is needed, please contact your child's physical education and health teacher or school principal.

Thank you



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Complete and return this page to *allow your child to opt out of Family Life Education instruction*. One form may apply to multiple students within the same school. Completion of this form means your child **WILL NOT** participate in *some* or *all* of the Family Life Instruction.

STUDENT NAME(S): \_\_\_\_\_

STUDENT NAME (S): \_\_\_\_\_

SCHOOL: \_\_\_\_\_ GRADE(S): \_\_\_\_\_ TEACHER(S): \_\_\_\_\_

**EXEMPTION (OPT-OUT)**

give notice that the above listed student(s) are **NOT** allowed to participate in ANY of the Family Life Education topics.

give notice that my child may participate in Family Life Education with the *exception of the following topics*:

\_\_\_\_\_  
\_\_\_\_\_

PARENT / GUARDIAN SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_ TELEPHONE NUMBER: \_\_\_\_\_

**Please note** – not all of these objectives are taught in elementary school. *FLE standards 1.6 moved to 3<sup>rd</sup> grade to correspond with Science SOL 3.4. Additional standards FLE 1.7, 2.3, 3.5, 3.7, 3.8, 4.1, 4.2, 5.1, 5.2, 5.3, 5.4, 5.5, 5.6, 5.7, 5.10, 5.13, 5.15 have been moved to 6<sup>th</sup> Grade.*