

# **Relationships and Identity**

## **Learning Targets:**

I can identify and analyze the components of family and relationships.  
I can articulate internal and external struggles associated with identity.



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# Family

“Families are the compass that guide us.  
They are the inspiration to reach great  
heights and our comfort when we  
occasionally falter.”

*Brad Henry*

# Vocabulary

**Rapport:** a relationship; especially one of mutual harmony and trust

**Self-Revelation:** individuals begin revealing more about themselves to each other

**Mutual Dependency:** the act of depending on one another for support

**Need Fulfillment:** satisfying a requirement

**Peers:** individuals of equal age, ability, etc.

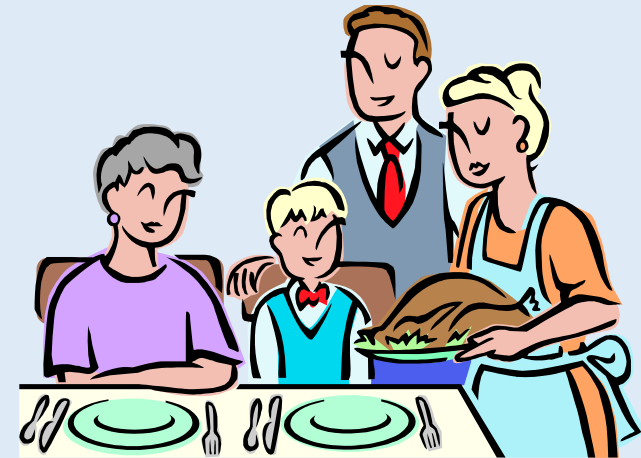
**Relationship:** a natural association between two people

# Family Roles



# What is your definition of the stereotypical family?

- Working dad
- Stay-at-home mom
- 2 or 3 children



**Only 10% of all U.S. households are in this family form.**

# Family Statistics in the U.S. (2015)

- 34 million children live with two married parents (46%)
- 19 million children live with a single parent (26%)
- 5.1 million children live with two parents who are cohabitating but not married (7%)
- 3.5 million children live with no parent (most being raised by grandparents) (5%)
- 12 million children live in blended families (16%)
- 40% of families have the mother as the primary or sole breadwinner
- 29% of mothers are stay-at-home

From:

<http://www.pewsocialtrends.org/2015/12/17/1-the-american-family-today/>

**Flexibility, adaptability and tolerance for change are helpful skills for making any family form succeed!**

# WALK-ABOUT



WALK  
THIS  
WAY



# DEBRIEF

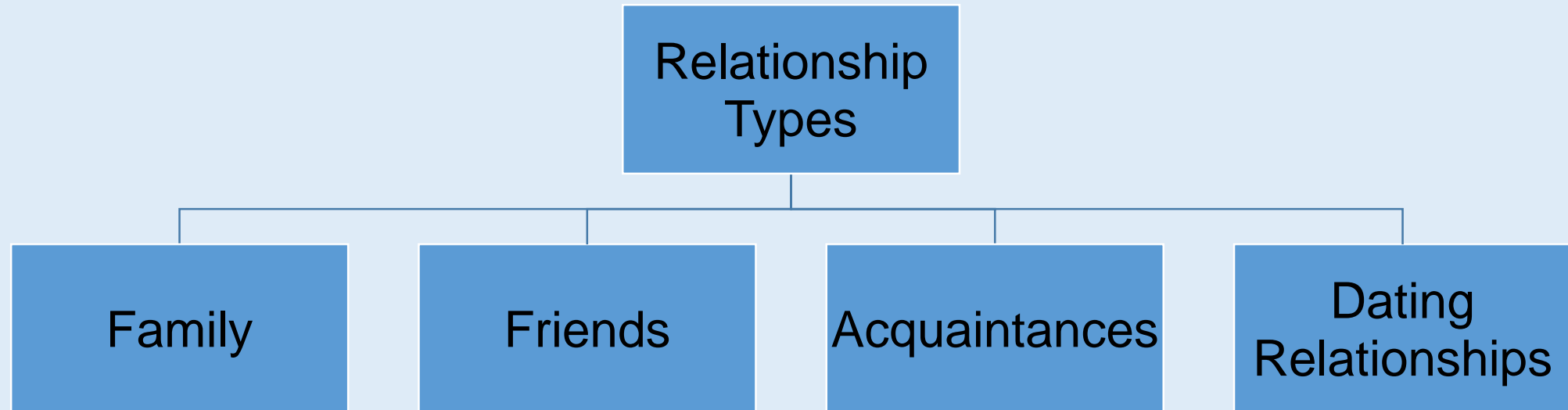


1. What are needs that all ages have in common?
2. What may happen if needs are not met for the individual, family and society?
3. How do families work together to meet all of the members' needs?
4. What is being done to meet the needs for each age group? (programs nationally, locally, within families, food stamps, health care, preschool groups, etc.)
5. Whose responsibility is it to see that needs are met for all families and all ages?

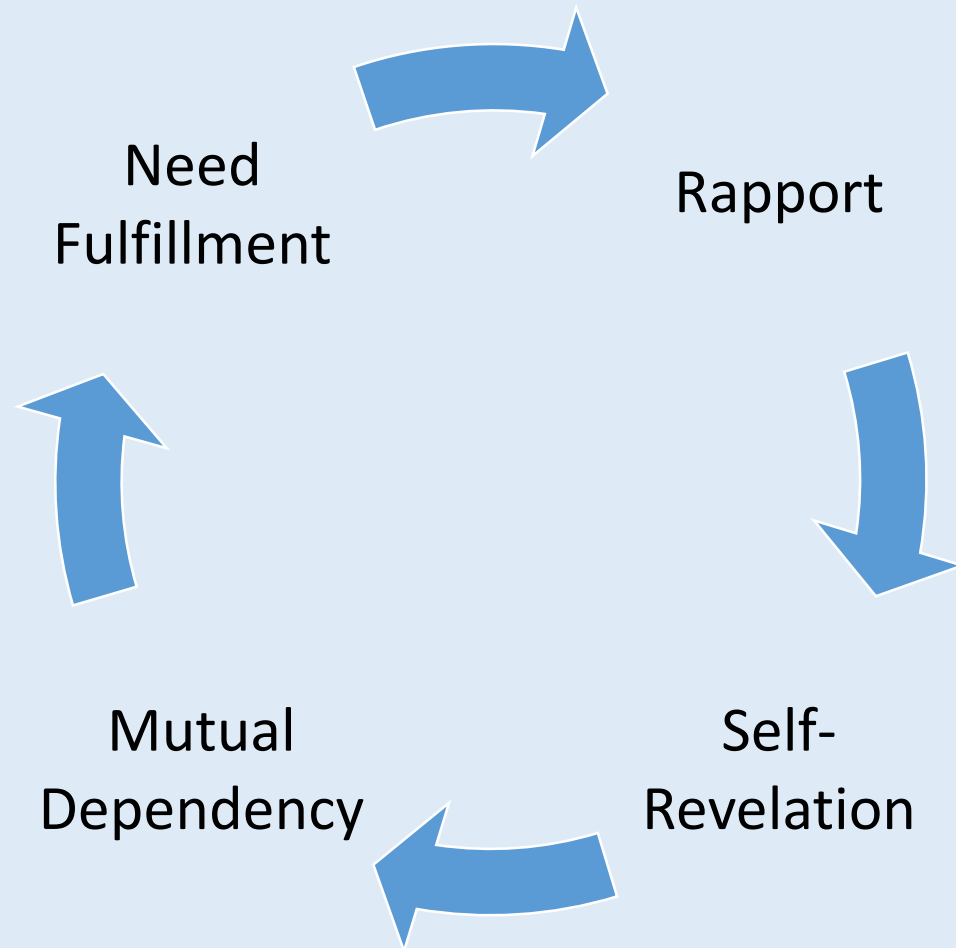
**With family as your  
foundation, what are  
some other  
relationships?**



# Types of Relationships



# Relationship Development



**Before you get into dating  
relationships, you should fully  
understand yourself**

I AM...

WHO  
ARE  
YOU?

# **I AM..... Individual self-reflection questions:**

- Which ones are you most comfortable with?
- Which are you least comfortable with?
- Which do you think most about?
- Which do you think least about?
- Which groups give you the most privileges?
- Which groups limit your access, options and/or rewards in society?
- Which have the greatest effect, positively or negatively, on how others see you?

# **Sexuality and Sexual Identity**

- Sexuality is defined as sexual desire. Understanding our sexuality is about feelings and the attraction we feel towards other people.
- Sexual identity is deeply personal.
- If someone is giving you a hard time about your sexuality or sexual identity, find someone who you can talk to (parent, guardian and/or trusted adult).

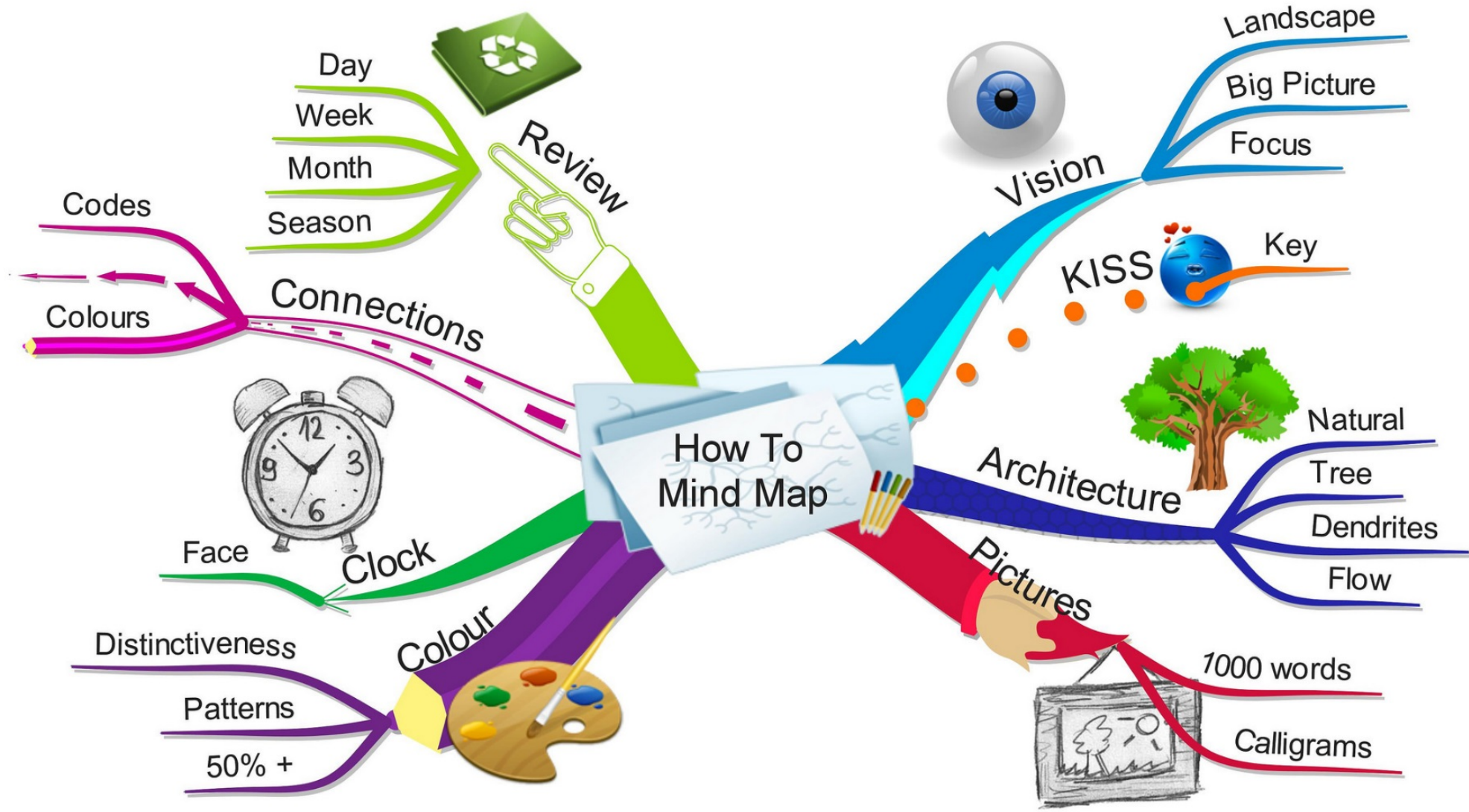
# Discrimination

The treatment of a person or group of people differently, usually in a worse way, and usually based upon things such as: ethnicity, gender, sexual identity, religion, etc.





# MIND MAPPING



# Have a Question?



We strongly encourage you to discuss the information contained in this lesson with your parent/guardian.

If you need assistance, please seek out a trusted adult.



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# Works Cited

- Pew Research Center,  
<http://www.pewsocialtrends.org/2015/12/17/1-the-american-family-today/>