### Family Life Curriculum: Seventh Grade

The following objectives are covered by viewing approved videos for boys and girls. These videos will be shown to boys and girls separately. Parents may request to view the videos at the school. They are kept in the school library.

### 7.2 The student will recognize the physical development of his or her sex characteristics and how they affect emotional and social growth.

Emphasis is placed on the biological and physiological changes of early adolescence. Includes secondary sex characteristics such as; body growth, genital changes, hormonal secretions, onset of menstruation, and sex-response feelings. Instruction promotes self-awareness and alleviates anxiety through factual information regarding menstruation, spontaneous erections, nocturnal emissions, masturbation, and differences in growth rates and development.

Video: Changes in Puberty

7.4 The student will recognize that sexual behaviors are conscious decisions; the importance of saying "no" to premarital and inappropriate relationships; and that appropriate relationships are based on mutual respect, trust, and caring.

#### 7.6 The student will be aware of the consequences of preteen and sexual intercourse

Includes factual information regarding sexually transmitted diseases, cervical cancer, and unwanted pregnancy. Discussion includes emotional, psychological and financial implications of sexual relations and parenting before marriage.

## 7.7 The student will list the adverse consequences of pregnancy in early adolescence as well as the positive benefits of postponing pregnancy until marriage

7.8 The student will describe the signs and symptoms of pregnancy.

### 7.11 The student will identify the causes , treatment, prevention, and transmission of sexually transmitted diseases including AIDS

Videos: Aids Facts for Kids; The Miracle of Life

NOTE: 7.4, 7.6, and 7.7, and 7.11 will be taught as 1 unit

The following objectives are taught through classroom discussion, speakers from The Warren Coalition, Sherriff's Dept, Warren County Health Department, and Northwestern Community Services. They are not taught in sex-separate classes.

### 7.1 The student will identify his or her role and relationships within the family

# 7.3 The student will realize that physical affection is not all sexual, but that it can be an expression of friendship, celebration, or of a loving family

The student will learn that appropriate expressions of affection are essential for physical, emotional, and psychological health, and will recognize the difference between appropriate and inappropriate physical affection.

#### 7.12 The student will identify issues associated with friendships

7.14 The student will recognize contributions of various racial and ethnic groups to family life and society.

7.15 The student will increase his or her ability to listen to different points of view and to accept the rights of others to a differing point of view.

### 7.5 The student will identify messages in society related to sexuality

The teacher guides the student in discovering messages about sexuality found in the media, music and videos, television, films, printed material, and graffiti. Messages conveyed by adults are also addressed. Students will learn to recognize gender stereo-typing and sexual exploitation. Students will demonstrate how these messages affect mental health issues related to sexuality.

Video: "Changes in Puberty", available at your child's school for parental review Video: "Aids Facts for Kids", available at your child's school for parental review Video: "The Miracle of Life", available at your child's school for parental review