Family Life Curriculum: Ninth Grade

The following objectives are covered in sex separate classes using a variety of materials and resources.

9.5 The student will review the nature and purposes of dating.

Functions of dating, coping with pressure experienced in the dating situation, signs of dating violence and abusive relationships. Focus is on the importance of group dating.

Video: Causing Pain: Real Stories of Dating Abuse and Violence. This video is also available to be previewed at:

http://www.cdc.gov/chooserespect/materials_and_resources/causing_pain_video_discussi on.html

9.6 The students will realize the importance of setting standards for controlling sexual behavior and postponing sexual relations until marriage.

The physical, emotional, social, psychological, and economic consequences of premarital sexual relationships are emphasized as well as assertive skills and ways to say "no" in terms that will allow students to resist peer pressure.

9.7 The student will interpret the effects and prevention of sexual assault, rape (including date rape), incestuous behavior and molestation.

Includes use of assertive skills, conflict resolution, avoidance of risky situations, and referral services in the community. The student will demonstrate proper approaches of dealing with physically and mentally abusive relationships and the appropriate and inappropriate use of electronic devices.

9.10 The student will demonstrate specific health issues, including the ability to conduct particular self-examinations.

The focus is on factual information regarding menstruation, menopause, and specific male/female concerns. Disease prevention through self-examination and self-assessment is reinforced with emphasis on breast and testicular self-examination.

9.11 The student will demonstrate knowledge of pregnancy prevention and disease control.

Includes factors to consider in planning for a family, misconceptions about contraception in relation to pregnancy prevention and disease control. Abortion is NOT presented as a method of birth control but spontaneous abortion and miscarriage is explained and the risks of induced abortion are analyzed.

9.12 The student will explain the transmission and prevention of the AIDS virus.

A review of the ways in which HIV is transmitted and the techniques for preventing the disease.

The remainder of the grade 9 Family life objectives will be taught in whole group with members of both sexes together.

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<u>http://www.cdc.gov/chooserespect/materials_and_resources/causing_pain_video_discussi</u> <u>on.html</u>