# Family Life Curriculum: Eighth Grade

The following objectives are covered in sex separate classes using a variety of materials and resources.

## 8.2 The student will recognize the development of sexuality as an aspect of the total personality

#### 8.5 The student will recognize the nature of dating during adolescence

Includes the need for belonging, affection, and love and the search for one's own identity. Covers the challenges and responsibilities of marriage. Students will recognize the warning signs and characteristics of potentially abusive dating relationships and negative mental health practices.

#### 8.6 The student will interpret messages in society related to sexuality

Students will analyze messages about sexuality found in advertising, media, music and videos, films, the internet, printed materials, and graffiti. Students will demonstrate how these messages affect mental health issues related to sexuality.

#### 8.7 The student will describe strategies for saying "no" to premarital sexual relations.

Students learn how and why to say "no" to premarital sexual relations and to situations that challenge their own values, how to manage peer pressure, and how to manage their own sexual feelings.

## 8.10 The student will analyze the issues related to teenage pregnancy

The physical, social, emotional, legal, financial, educational, psychological, and nutritional implications of teenage pregnancy are discussed including the roles of and impact on the teenage mother and father are identified.

#### 8.11 The student will review facts about pregnancy prevention and disease control

Methods of contraception are analyzed in terms of effectiveness in preventing pregnancy and the spread of disease. Abstinence is emphasized as the only method that is 100% effective in preventing pregnancy and sexually transmitted infections.

Video: A Woman's Risk

# 8.13 The student will identify the effects and prevention of sexual assault, rape (including date rape), incestuous behavior, and molestation.

Content includes characteristics of dating violence, electronic harassment, and abusive relationships. Information on referral services and legal implications are also provided.

Video: Causing Pain: Real Stories of Dating Abuse and Violence

# 8.14 The student will recall the ways in which the HIV virus is transmitted and prevented

Description of behaviors that put one at risk; dispelling myths about transmission of the infection , and stressing abstinence from risky behavior. The use of condoms in preventing the spread of HIV is discussed

Available at your child's school for parental review

Video: A Woman's Risk

Video: Causing Pain: Real Stories of Dating Abuse and Violence