

## **PRINCE WILLIAM COUNTY PUBLIC SCHOOLS GRADE ONE FAMILY LIFE EDUCATION (FLE) OBJECTIVES**

The Prince William County Public Schools FLE curriculum complies with Virginia General Assembly legislation and the *Standards of Learning for Family Life Education* and guidelines established by the Virginia Department of Education.

FLE instruction in Kindergarten through Grade 3 focuses on family relationships and child abuse awareness and prevention. Students learn about the importance of families, how families function, and changes in families that may affect daily living. Students also learn the difference between good and bad touch, how to identify and report inappropriate approaches, and ways to stay safe. Elementary counselors collaborate with classroom teachers to deliver FLE instruction in the early elementary grades.

Parents/guardians may opt their child out of all or any part of FLE instruction. Students who are opted out will be provided with non-punitive health activities during FLE instruction. Further information can be found in the parent letter and opt out form that are included in the Code of Behavior distributed at the beginning of the school year and are posted on the PWCS website ([www.pwcs.edu](http://www.pwcs.edu)).

### **Family Living**

#### **1.1 Students will explain the importance of a family and of different family structures.**

Descriptive Statement: Students learn that although every family is different, all families are important for providing love, support, security, understanding, and care. Family structures include two-parent families; extended families—relatives other than the immediate family living in the home; single-parent families; adoptive families; foster families; families with stepparents; and blended families.

#### **1.2 Students will identify the tasks that must be accomplished for a family to function successfully.**

Descriptive Statement: Discussion will include adult responsibilities such as providing food, shelter, clothing, money for necessities, and care for elderly or disabled family members; and child responsibilities such as helping with household tasks and doing homework.

### **Personal Safety**

#### **1.3 Students will recognize physical affection as an expression of friendship, celebration, and a loving family.**

Descriptive Statement: Students learn that showing physical affection is an important way families communicate care, protection, and guidance. Positive physical expressions of affection make family members feel happy and secure and contribute to physical and emotional well-being.

#### **1.4 Students will identify inappropriate approaches from family members, neighbors, strangers, and others.**

Descriptive Statement: Instruction includes a review of good and bad touches. Students will distinguish between appropriate and inappropriate physical expressions of affection and will identify ways to avoid and deal with inappropriate approaches.